

# DAYS OF THE WEEK & THEIR RULING PLANETS

& HOW TO CELEBRATE THEIR ENERGY

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## MOON DAY MONDAY

*Enjoy a bath! Swim in the sea!*

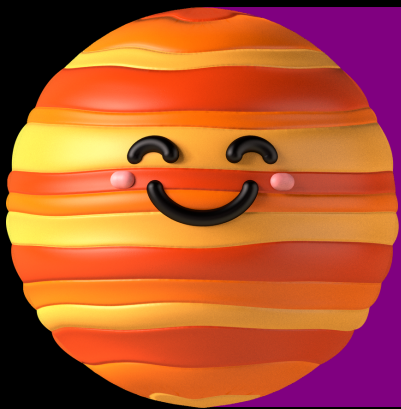
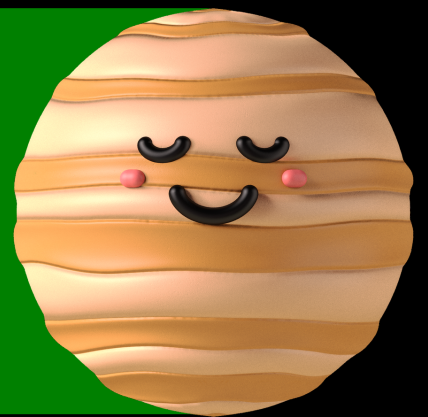


## TUESDAY MARS DAY

*Get sweaty! Eat spicy food!*

## MERCURY DAY WEDNESDAY

*Travel somewhere new! Read!*



## THURSDAY JUPITER DAY

*Have all the fun! Get into nature!*

## VENUS DAY FRIDAY

*Treat yo'self! Spend quality time!*



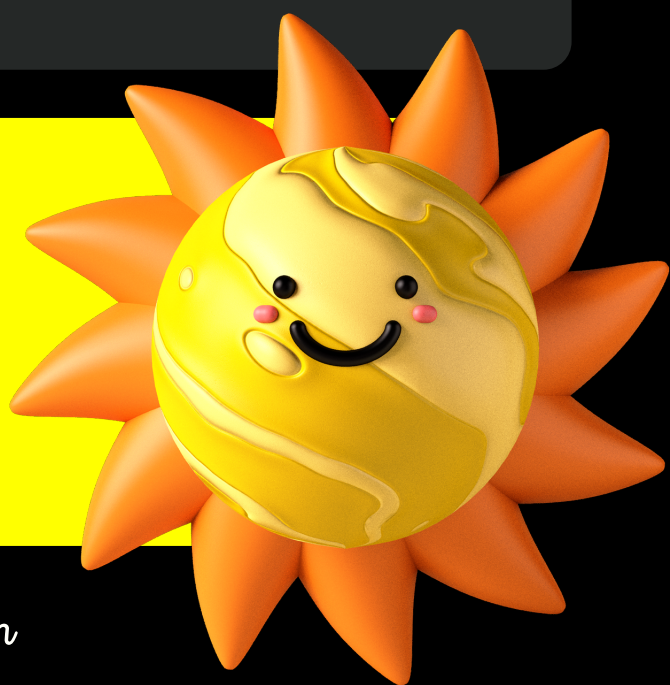
## SATURDAY SATURN DAY

*Create your to-do list! Clean!*



## SUN DAY SUNDAY

*Get outside! Eat yo'greens!*



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